

### **PERSONAL PROFILE**

I am highly committed to supporting each patient/client, thus creating a favorable space of trust and emotional containment, allowing each person to get to know and accept oneself or eventually, if desired, make certain changes.

## CONTACT

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## WEBSITE:

www.retornoalhogar.com Ig. Lic.merdevito

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## **SKILLS**

Assertive listening skills, high involvement, sympathy, integrity, consistency, flexibility, kindness

# ENA MERCEDES DE VITO

Bachelor's Degree in Psychology (National Licence#25167 – Provincial Licence#94657)

## **EDUCATION**

Universidad del Salvador (1992-1997) Bachelor's Degree in Psychology

Postgraduate Programs and Courses:

Univeridad Católica Argentina (2000) Strategic Human Resources Management

Centro de Estudios en Psicoterapia (2007) Couple and Family Counselling

Centro de Terapia Cognitiva (2009) Anxiety Disorders Therapy Specialist

Fundación Foro (2010) Grief Counselling Therapist

Fundación Foro (2010) Certification in Positive Psychology

**Specialization in Mindfulness** 

Telehealth Certification Institute (2021) TeleMental Health Training Certificate (THTC)

Founding Member and Board of Directors of the Argentine Mental Health and Information Technologies Association (A.T.S.M.A.yT.I.) (2020 to date)

#### **PROFESSIONAL PROFILE**

Extensive working experience in in-person and online sessions. Clinical field therapies, specializing in clinical approach techniques for Hispanic/Latino ethnicities living abroad, dealing with grief and uprooting issues.

Solid experience in treating couples and families in transit due to migration.

Human Resource recruitment and organizational behavior at Comercial del Plata Company. Freelance work in Human Resource selection.

Assistant Professor of Projective Techniques at Universidad del Salvador.

Working experience at Hospital Rivadavia in Psychodiagnostic Assessment.

# PROFICIENCIES

Professional Ethical principles proper use of Communication skills analytical concrete and concisE Acute sensitivy towards personal and social environment of clients